

# Library and Knowledge Services case study

# *Gloucestershire Hospitals NHS Foundation Trust: Psychological interventions in prehabilitation*

11 May 2021

## Reason for enquiry

## Funding has been received from Macmillian to fund a 2 year prehabilitation team which includes an assistant psychologist post. There was limited evidence regarding psychological interventions in prehabilitation so an evidence search was requested.

## What the knowledge and library specialist did

Sandra Weir, Librarian conducted a synthesised Evidence Search. An evidence search is when the best and most appropriate information is found by a librarian using range of searching techniques and resources. The information is then summarised and presented in a format which makes it easier and quicker for the clinician to read.

A range of specialist research databases were searched and a variety of research articles were found. The evidence was summarised.

Research articles that were not easily accessible were also requested and obtained via the Library & Knowledge Service Document Supply Service.

# Impact of input from the library and knowledge service

Having the evidence lead to a change in direction of the project and saved clinical time, it is anticipated that this will lead to improved patient outcomes

## Immediate Impact

Having this evidence lead to a change of direction in the project as a research article was found by Sandra that sparked Hilly’s interest and lead her to contact the author direct. As a result Hilly discovered research regarding behavioural science and by using the library’s document supply service she was able to quickly and easily obtain the full text articles.

Having the evidence has “been invaluable to feed into team decision making about how the service should be structured, designed and implemented”

## Probable future Impact

It is hoped this new service will lead to improved patient outcomes. The evidence “ has probably been the biggest contributory factor to service redesign towards integrating behavioural science and self management into the work”.

It is anticipated that the results of the project will be published.

## Submission by:

Hilly Webb-Peploe

Clinical Psychologist

## For further information on how you can get similar support contact your local NHS library and knowledge service.